

# Greater Niagara Frontier Council

## Swimming and Boating Regulations

### **Buddy System:**

For all swimming and boating activities the buddy system is used. All participants will check in and out of the areas with a buddy using a tag system.

### **Swim Test:**

Each person attending camp wishing to use the waterfront must take a swim test. Adults and Boy Scouts may pre-test prior to camp in a pool. Dates and locations to be announced in early Spring. **All Cub Scouts must test at camp in the lake.**

### **BSA Swim Test Requirements**

#### **Swimmer (Blue)**

- ☐ Jump feet first into water over the head, level off, and begin swimming.
- ☐ Swim 75 yards in a strong manner using one or more of the following strokes: side, breast, trudgen, or crawl. Swim 25 yards using an easy, resting backstroke.
- ☐ The 100 yards must be completed without stops and must include at least one sharp turn.
- ☐ Rest by floating...Long enough to demonstrate ability to rest when exhausted.

#### **Beginner (Red)**

- ☐ Jump feet first into water over the head, level off, and begin swimming.
- ☐ Swim 25 feet on the surface.
- ☐ Stop, turn, and resume swimming back to the starting place.

#### **Non-Swimmer (White)**

- ☐ Did not complete either of the swimming tests.

*\*Note- when swimming you must use only the areas that both swimmers are qualified to be in.*

*Example: if blue and white swimmers are buddies they must remain in the white area.*

### **Boating Regulations**

#### **Paddle boats, John Boats, Row Boats**

Any combination of red/blue swimmers

A White (non-swimmer) must be accompanied by an adult blue swimmer.

#### **Canoes**

All blue swimmers (a red swimmer may be a passenger with 2 blue swimmers)

#### **Kayaks/Sailboats**

Blue swimmers only, Webelo IIs may be passengers on sailboats at Cub Scout Camp.

#### **Paddleboards (SSR ONLY)**

Blue swimmers only